

2009 Muscle Powered Accomplishments

January

- Bike Month Meetings began
- Donna's Year Round walks began

March

- Carson High School Environmental Fair
- Bicycle Rack Database

April

- Board Member hike in Ash Canyon - Meetings with Parks and Recreation to consider Muscle Powered trail adoption.

May

- Bike to Work Week and other Bike Month activities
 - ★ Bike to Work Week
 - ★ Ride with the Mayor
 - ★ Educational Classes
 - ★ Social Rides and Gatherings
 - ★ Corporate Challenge - Carson City Corporate Challengers completed 1,240 trips by bicycle or by walking. And there were 3,978.25 miles walked or ridden through the week.
 - ★ Movie Nights
 - ★ Party with New Belgium sponsorship, live music, fund raiser, bike and prize give-away raffle
- Nevada Bicycle and Pedestrian Conference
- Assisted Martin Krieg with his hi-wheeler journey across NV
- Donna N. Inversin and Jean Bondiett had a booth at the Ooodles of Noodles Festival

June

- Mexican Ditch Trail bridge ribbon cutting ceremony
- Muscle Powered Bicycle Valet at the downtown farmer's market June 27th until October 3rd

July

- Online Google version of the Carson City Bicycle Route Map
- Compiled list of drain grates that are hazardous

September

- Kickoff of Bicycle Friendly Community
- Muscle Powered on Facebook
- Bike rack database on google maps
- Carson City Freeway Ride
- Meeting with RTC regarding maintaining bike access to Clear Creek road

October

- MP attended RTC meetings to show support for bike lanes on Roop Street

November

- Attended a meeting with BLM to discuss trailheads in the Pinenut Mountains
- MP met with Parks and rec and NDOT regarding multi-use trail extension on southern Carson Bypass Freeway
- MP met with the Carson City Convention and Visitor's Bureau to discuss bicycle tourism and completing a off street/bike route loop around town. It was decided that MP would take the lead on this project. Attending: Candy Duncan (Convention and Visitors Beureau), Pete Livermore (Board of Supervisors) and Roger Moellendof and Vern Krahn (Parks and Recreation)

December

- NDOT public meeting at Fuji Park on adding a northbound lane to Hwy 395 from Jacks Valley Rd to Old Clear Creek Rd

Misc.

- Muscle Powered had a presence in the Nevada Appeal regularly throughout the year in the Friday Recreation section.